

CLIENT TESTIMONIALS

MENOPAUSE, HOT FLUSHES, NAILS, GENERAL HEALTH

I think that every woman must wait for the time when "the change" appears with the apprehension that I did. At 53, and feeling like a 40 year old, I was really not ready for the fact that this "thing" that happens to "older" women was upon me.

Having had near hysterics as well as quite a few hot flushes - and feelings of stress and anxiety, and armed with an adamant refusal that this was in fact happening to me - I took a trip to the doctor - really just to ensure that I was right and my body was wrong. However, much to my dismay, the opposite was true.

My doctor recommended going on hormones for a few months so that I would adjust to my situation better, do away with the hot flushes and generally provide the hormones that are missing while going through the change.

I took the hormones for 4 days then got a period. I then threw the hormones away and decided to treat myself the natural way.

I started taking Irena Royal Jelly about 2.5 months ago. I have been getting regular periods and have not had any hot flushes at all. My nails are fantastic (I don't remember the last time they were so strong) and I have a general feeling of wellbeing.

I thank IRENA ROYAL JELLY for getting me through a very traumatic time in my life in the natural way - with lots of side bonuses as well.

Eleanor Moreplatt (Raanana, Israel)

CASE STUDY - PAINTING THE TOWN RED - ALBERT PAINTER

AGILITY, ENERGY, ARTHRITIS, VITALITY, LIBIDO AND GENERAL HEALTH

It's a good old life for Albert Painter. He works in his garden all day, up and down ladders, doing all the jobs needed around his home. He has a busy social life with his girlfriend, Anne, and a large group of friends for whom he organises a group holiday every year to Cliftonville. Albert and Anne go out both days of every weekend and meet during the week at the day centre. They are devoted to each other.

But it hasn't always been this way. Albert, who is 84, was so severely affected by Arthritis when he was fifty that he had to give up working as a plasterer on building sites. His knees and shoulders "nearly killed" him and his neck was so painful he could no longer look at the ceiling. He needed to use a spray-on analgesic as pain relief before he could sleep at nights and even then he was disturbed by agony from arthritic joints every time he turned in his sleep. Not a happy state of affairs.

For seven years, Albert suffered the bleak world of the severely depressed. He was sullen, miserable and uncommunicative. He was put into the care of a psychiatric hospital and taken there daily by ambulance. He needed home help and meals on wheels.

What with the pain from the Arthritis and the depression, life wasn't great for poor Albert. Then, by chance, he read about Irena on the way to one of his regular forays to the hospital. Feeling that he had everything to gain and absolutely nothing to lose, Albert embarked on a three month course of treatment.

He says it didn't take long before his spirits began to lift and the arthritic pain decrease. Gradually, he became noticeably fitter and more flexible. Instead of being passive at the day care centre, he became actively involved and now regularly organises holidays and outings for twelve of his compatriots. He is, in fact, one of the leading lights.

Best of all for Albert, now that he is in great spirits, fit and active, he has met Anne. He said he has not persuaded her to marry him yet because she likes her independence, but nevertheless, they are a very happy couple who are enjoying the fruits of a full and loving relationship.

Albert is delighted and he attributes the dramatic upturns in his health and positive mental state in his later life to Irena Royal Jelly.

ENERGY, STAMINA, PROSTATE PROBLEMS

Dear Irene

When I stopped using Irena Royal Jelly and the Stabilized Oxygen, I did notice a distinct loss of energy and stamina. I don't run up stairs, but I climb them better. My general ability to get things done seems to be improved.

Since I am not a spring chicken, I have a prostate problem. But since taking Irena, I find that the time between calls of nature are longer, and nocturnal visits to the little boy's room are no longer necessary except on rare occasions or if I did not relieve nature before going to bed. It is quite possible that the Saw Palmetto in your product, and the catalytic formulation that augments its potency, is beneficial to me.

I was encouraged by your comments today and hope progress will occur on a number of fronts.

Best Wishes,
Paul Gibson (Israel)

MINI STROKES, FATIGUE, MENTAL CONFUSION, GENERAL HEALTH

Dear Irene,

Just thought I would drop you a line to say how Mum has responded to the Irena. As you know, she went into hospital before Christmas having had two transischaemic attacks (often known as mini strokes). When she was discharged on Christmas Eve, she was still very tired and confused, despite having been in hospital for ten days, so it was a rather worrying time for us.

She spent Christmas with us and then after four days I took her back to her own flat but had to stay there for a couple of weeks. She hates taking drugs, as you know. However, when the Irena arrived I suggested she take it each morning, which she did. I was delighted to find that she was taking it herself without prompting from me and that the response was almost immediate. She has gone from being very tired and confused to being almost her old self. She is back to daily walks, when the weather permits, cooking for herself and a little shopping. Although she was happy to let me cook, shop and generally look after her when she arrived home from hospital, her attitude now is that she would prefer to be independent and get on with life.

Having used Irena myself, I was confident that it would help mother back to health, but at 82, I wasn't sure what would happen and am really pretty amazed at the rapid and excellent results.

With Best Wishes,
And a belated Happy New Year,
Sue Adams (UK)

CASE STUDY - BACK ON TRACK (Annette Parslow, UK)

ARTHRITIS (SPINE), PAIN, DEPRESSION, HIGH BLOOD PRESSURE, APPEARANCE, ENERGY, VITALITY

"Irena has given me back my life" was the way Annette Parslow greeted Irene Stein.

A year ago 54 year old Annette suffered from Arthritis of both the upper and lower portions of her spine. There were long periods when her pain was so bad that she could not stand or walk without assistance and her only option was to remain in bed - often for days on end. This obviously had an effect not only on her flexibility, but on her morale - which was extremely low. "I was ready for the end, I was in so much pain" was the way she graphically described her feelings at the time.

Her condition got so bad that she was sent to hospital for an MRI scan. This revealed the extent of her degeneration and her specialist feared that any improvement was neigh on impossible, due to the deterioration of her bones.

It was around this time that a friend introduced her to Irena Royal Jelly. After two months, taking two phials a day, Annette found that she was starting to experience an improvement in

her condition, but felt that the outlay for a double dose was prohibitive. This proved to be a false economy, since within days she realised the true effect Irena had, as her condition steadily worsened one more. Annette soon rationalised that an outlay of £1 a day, for a phial of her "potion" was worth every penny and she would rather make savings elsewhere.

Once back on track, such was the difference not only in her Arthritis but on her high blood pressure that Annette's doctor took her off all medication, stating that whatever she was taking was obviously doing her more good.

Annette and her doctor are not the only ones to have noticed a difference. Her friends keep commenting on how well she looks and when her son took her to Canada over Christmas, he was staggered by the way she coped with a nine hour flight, record freezing conditions and her tobogganing escapades with her grandson. In fact he concluded that she should "keep taking the potion", such was the difference he saw in her. Since her return, Annette has joined a Tai Chi class and is feeling fit and well. In fact, "I feel 34, not 54 - and I am living proof that Irena can give people with intractable conditions a new lease of life." But you don't just have to take our word for it - Annette has agreed to talk to anyone with a similar condition about her findings...

CASE STUDY - SEARING SUCCESS (Ena Sears, UK)

ASTHMA, ENERGY, ARTHRITIS, JOINT STIFFNESS, NAILS, SLEEPING PATTERNS, CALMNESS

At 82 years of age, Ena Sears was relying on strong steroid drugs and inhalers to control her Asthma. With winter approaching, she feared things were only going to get worse.

Mrs. Ena Sears has been given a new lease of life. Once again, she can enjoy her weekly shopping forays into Paddington with her sister for lunch, a gossip and to indulge her fondness for clothes buying. Her garden, too has benefited from her renewed attention. Simple pleasures which we take for granted, but for Mrs. Sears, just six months ago would have been a nightmare.

As an Asthma sufferer, a simple walk to the shops meant dosing her self up hours before and setting out fearfully armed with an inhaler. As a result, she always got "het up" about going out and was spending more time in her beloved home. Her daily routine of 6 puffs from two different inhalers could never waiver and she was worried that as her Arthritis got worse, her hands would one day become too stiff to allow her to administer her drugs.

Then in March, Mrs. Sears came across an article about Irena and it struck a cord. She telephoned immediately for a three month supply and on the 1st of April, started taking a phial a day, alongside her conventional medicine. However, it was not until she was recovering from a bout of gastro-enteritis that she realised the true effect of Irena. "All of a sudden I realised that I had not used my inhalers at all for four days. It was truly amazing, after years of reliance, suddenly I only needed an occasional puff after a particularly strenuous activity."

Putting it to the test

The ultimate confirmation came however, when Mrs. Sears stopped taking Irena Royal Jelly! She was fine for two weeks thanks to Irena's cumulative effect - however, after about a fortnight she started to feel "tight" across the chest and breathless again. Wrist bands that she had once worn to try and ward off previous asthma attacks were taken out again from the drawer where they had been confined, and the inhalers too were brought back into daily service." It was then that I realised the true effectiveness of Irena and telephoned to place an emergency order! On the Saturday, my relief supplies arrived and I just knew it was going to work for me again." She has not had a major asthma attack since then.

Mrs Sears also reports that as a direct result of her taking the formulation, she has also noticed that her Arthritis symptoms have diminished and for the first time in many years, she is practically without pain and her hands have regained most of their former suppleness.

Side Effects? Only beneficial ones!

"I have also observed that my nails are improving. For years I have had a 'V' on the tip of one nail. My doctor said that it was as a result of my arthritis and nothing could be done. However, the 'V' shape has disappeared and my nails are much stronger. My sleeping too, has improved. I would always be popping down to make tea and used to play patience to pass the time waiting for morning to come. Now, however, I am not only sleeping better but feel more at peace with life in general ,which in these times is something to be truly grateful for.

CASE STUDY (Mr Godfrey Coleman, UK)

CHRONIC LYMPHATIC LEUKEMIA, IMMUNITY, GENERAL HEALTH & WELL BEING

Four years ago, Mr. Godfrey Coleman was diagnosed as having Chronic Lymphatic Leukemia. He fortunately only has a mild version of this leukemia, which needs no treatment at present, but it reduces the capabilities of his immune system, leaving him more susceptible to infections.

After two years of being careful to avoid infections, and going to the doctor for antibiotics if he did succumb, Godfrey started taking Irena Royal Jelly. His wife had read in the newspaper how it had helped people with immune system deficiencies.

Now, sixty year old Godfrey is getting even fewer colds than ever, at a time when he would expect to get more. He walks frequently with his two Yorkshire terriers, works full time and keeps an active interest in the fish and plants in the pond he has built in his garden.

Godfrey has never had a break from taking Irena, but because he is as well as before he developed the leukemia, he says "Irena does me good. I am never going to give it up. I swear by it."

ARTHRITIS PAINS, HAIR CONDITION & THINNING, REGROWTH, DARKENING OF HAIR COLOUR, WEIGHT LOSS, SKIN, IMMUNITY & VITALITY

I am very excited about the multiple visible benefits accruing to me since starting to take Irena Royal Jelly, together with the Waters of Life Stabilized Oxygen Drops.

I started on the program six months ago, as my hair was dull, lifeless, lacked body and was visibly thinning in the front. After three months, I noticed a definite change in texture. My hair has much more volume, is easier to handle, there is a lot of new growth at the hairline – and – it is darkening from the white, which it had become, to its original colour. The colour change started from the back of the head, but now the darkening of my hairline in front is visible. I am noticing a continual improvement in texture, volume and colour.

I also suffered from shooting pains in my hands and wrists, which were probably due to arthritis. I note that these have disappeared completely, and this can only be due to the effects of Irena, as nothing else in my diet has changed.

I am delighted to have become accustomed to drinking more water than I used to. Although I did not have a weight problem, I find that my weight stays down easily and my shape has improved. My skin texture and tone have definitely improved and friends remark on how well I look. I have a definitely improved feeling of general well-being, and if I feel symptoms of a cold, I am able to shake them off easily.

Generally I feel very alert and full of energy, and I am most grateful to Irena for changing the way I look and feel. I look forward to progressive improvement as I continue with the treatment!

Sincerely,
Jeanette

OSTEOARTHRITIS, OSTEOPOROSIS, HIATUS HERNIA, GALL BLADDER, IMMUNITY, STRESS, SKIN, HAIR CONDITION, ROYAL JELLY & VITAMIN E CREAM

Dear Irene,

Having been ill for years after a very bad car accident, I developed Osteoarthritis, then Osteoporosis and Hiatus Hernia and also had a gall bladder operation. I cannot take drugs or vitamin tablets and had tried everything, as my immune system is very low and I am always catching viruses and colds. I have had a lot of stress over the years and was at a very low ebb. A friend gave me a newspaper to read and in it I saw a small article on Irene Stein and thought I would try them as I am in the menopause with all the problems that brings.

Although we are on pension and money is very short, I sent for my first batch – this was about 5 months ago. I have been taking one a day ever since. I was surprised how much better I felt in myself – I have had less colds and viruses and if I do get them I throw them off more quickly. My arthritis has improved and my skin and hair are in very good condition. I would also recommend the Royal Jelly and Vitamin E cream, which is wonderful.

I shall continue with Irene Stein as I find Irena so good for me.

Yours Sincerely,
Mrs J Morrison

HAIR CHANGING COLOUR (DARKENING), ENERGY LEVELS

Dear Irene,

I have just completed three months treatment of the Irena formulation and must admit that the results are excellent. During this period, I noticed that my hair was returning to its original colour of black, from a severe grey, and there are new hairs growing on the crown and centre of my head. My energy level has increased to such, that walking two to three kms and climbing five flights of stairs does not tire me at all. I also had to reduce the dosage of "Waters for Life Stabilized Oxygen" as it produced too much energy. I am now starting my second three months treatment of Irena, to achieve the desired results that I want for my hair. All this for someone who is over 65 years of age! If there is someone out there contemplating or skeptical about trying Irena, I fully suggest giving it a try. I will keep you further informed of my progress.

Best Regards,
Maurice Jacob (Israel - May 2005)

POLYCYSTIC KIDNEYS, ILLHEALTH, HIGH BP, ASTHMA, HAYFEVER, ARTHRITIS, MENOPAUSE

CASE STUDY: Mrs G.E. Newton

Mrs. Newton was born with polycystic kidneys, which means that her kidneys contain many cysts, some of which became seriously infected and filled with pus.

At the age of eighteen Mrs. Newton became seriously ill with blood poisoning from the suppurating cysts and the bacteria present was similar to the one that causes Meningitis. She became deaf in one ear as a result of the dangerous bacteria and at twenty she was very ill again.

As an adult the cysts were drained but her blood pressure was high and she also suffered from asthma, hayfever and arthritis. Three years ago Mrs. Newton read about "Irena" in "My Weekly" magazine and as she suspected her menopause was approaching, thought it might be a good time to start taking preventative steps. At this time she was feeling disoriented mentally, (which is common with the menopause) although she did not have hot flushes or night sweats. When Mrs Newton received her first batch of "Irena", her asthma was particularly bad and the whites of her eyes frequently swelled as a result of her hayfever. Shortly after commencing "Irena" her eyes became less swollen and after sometime her hayfever improved and currently no longer bothers her. The asthma is now under control and her blood pressure is stable. Her arthritis is easier to manage, with little pain and stiffness.

The one thing that has particularly impressed her is that whilst her friends are now experiencing menopausal hot flushes and night sweats, Mrs. Newton has escaped these symptoms and is sure that starting "Irena" in the very early menopausal stages has prevented the symptoms from developing. She now recommends "Irena" to her friends for the menopause, instead of H.R.T.

DEPRESSION, PAIN, WELLBEING, OSTEOPOROSIS, ULCERATIVE COLITIS

CASE STUDY – "VERY RELIEVED"

"I'm brighter, more cheerful and I no longer get depressed," was the way we were greeted by 78 year old Mrs. May McClurg of County Down. "I used to need eight to ten painkillers every day, now I only need one every couple of weeks."

Mrs. McClurg has many health problems. She suffers badly from osteoporosis and until she started taking Irena, was unable to get up and about for long because of the pain in her back. She also has heart failure and ulcerative colitis.

That was until three months ago, when Mrs. McClurg's daughter, also an enthusiastic user, started her mother on Irena. After just six weeks Mrs. McClurg was feeling the difference. As a result of her improvement she has been able to get up and about more as the pain is significantly less. The continuous pain, which had been debilitating, is also much relieved.

In addition, Mrs. McClurg found her spirits and sense of well-being lifting". I feel so much better since I took Irena and I am able to do so much more," she told us happily.
